



# Alcohol and Drug Education

## Treatment Resources and Other Supports

### MODULE OVERVIEW

- ALCOHOL AND DRUG TREATMENT RESOURCES
- HOW TO GET NALOXONE (NARCAN®)
- SMOKING AND TOBACCO USE TREATMENT
- RESOURCES FOR LOVED ONES
- ADDITIONAL VA RESOURCES
- TRENDING DRUG INFORMATION

Help is available for those looking to change their alcohol or drug use, including VA treatment, community programs, mutual support groups, and VA-developed digital tools.



Because of the high risk of deadly opioid overdoses, it is crucial to know the signs of overdose. It is also important to have Naloxone (Narcan®) available. *This life-saving treatment can be obtained through VA or community resources.*



VA offers support for Veterans wanting to quit smoking or using tobacco products. *Free government websites provide assistance for the general public.*



When someone struggles with alcohol or drug issues, their family and loved ones are often affected. *VA provides resources to support those concerned about a family member's or loved one's substance use.*



VA also offers Veterans chaplain services as well as support options for legal, housing, and employment issues.



To keep the public informed, the government provides updated fact sheets on known and emerging drugs. *These can be accessed through the DEA Drug Fact Sheets link in the course.*



LEARN MORE:  
[www.veterantraining.va.gov/substances](http://www.veterantraining.va.gov/substances)

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