



Alcohol and Drug Education

Causes and Contributors

MODULE OVERVIEW



There are different factors that can increase people’s risk for substance use issues. Understanding these risks is important.



Easy access to alcohol or drugs can increase the chances that someone might use substances.

Alcohol and drugs themselves have addictive properties that can make it hard to limit their use.

The people around us influence our views on substance use, with some encouraging it more than others.

Culture shapes views on substance use, with some groups discouraging it and others promoting it.

Substance use can be a problem for people with any income, but poverty can increase negative substance use outcomes.



Children raised by adults with substance use issues may be more vulnerable to addiction later in life.

A history of addiction in a biological family can increase the risk of substance use problems.

Experiencing trauma can lead to using substances to cope, increasing the risk of addiction.

Physical pain can lead to substance use for relief, increasing the risk of addiction.

People cope with problems in various ways, and using substances for coping increases addiction risk.



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