

Parenting For Veterans

When challenges arise, get the advice you need—any place, anytime.



A Multimedia Web Program

- Interactive games and activities
- Video stories and audio clips
- Relaxation tools
- Downloadable tip sheets and worksheets
- No login or registration required



Tools & Tips That Help You

- Talk to your kids
- Navigate difficult behaviors
- Discipline effectively
- Manage your own stress
- Parent with physical or emotional challenges

VISIT TODAY!
www.VeteranTraining.va.gov/Parenting



U.S. Department
of Veterans Affairs