Parenting For Veterans

When challenges arise, get the advice you need—any place, anytime.

VISIT TODAY!
www.VeteranTraining.va.gov/Parenting
Parenting For Veterans

A MULTIMEDIA WEB PROGRAM

- Interactive games and activities
- Video stories and audio clips
- Relaxation tools
- Downloadable tip sheets and worksheets
- No login or registration required

TOOLS & TIPS THAT HELP YOU

- Talk to your kids
- Navigate difficult behaviors
- Discipline effectively
- Manage your own stress
- Parent with physical or emotional challenges

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