

Parenting For Veterans

*When challenges arise,
get the advice you need—
any place, anytime.*



VISIT TODAY!

www.VeteranTraining.va.gov/Parenting



U.S. Department
of Veterans Affairs

Parenting For Veterans



A MULTIMEDIA WEB PROGRAM

- Interactive games and activities
- Video stories and audio clips
- Relaxation tools
- Downloadable tip sheets and worksheets
- No login or registration required



TOOLS & TIPS THAT HELP YOU

- Talk to your kids
- Navigate difficult behaviors
- Discipline effectively
- Manage your own stress
- Parent with physical or emotional challenges



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