



## Support Resources

### **Crisis Support:**

Call 911

Go to your nearest Emergency Room

Contact the Veterans Crisis Line by phone (1-800-273-8255), text (838255), or chat.

### **Behavioral Healthcare Services:**

#### **Military OneSource**

<http://www.militaryonesource.mil/>

DOD resource for Service Members provides information and short-term, non-medical counseling by telephone, online or in the community.

#### **VA Facility Locator**

<http://www2.va.gov/directory/guide/home.asp?isflash=1>

Locate a VA facility near you for behavioral healthcare services and support.

#### **DoD Outreach Center for Psychological Health and Traumatic Brain Injury**

<http://www.dcoe.health.mil/Families/Help.aspx>

Service Members and Veterans can connect via web, phone (1-866-966-1020) or email ([resources@dcoeoutreach.org](mailto:resources@dcoeoutreach.org)).

#### **Behavioral Health Treatment Service Locator (SAMHSA)**

<http://findtreatment.samhsa.gov/>

Find community mental health treatment facilities and programs in your area for adults, families and children.

Contact your base or installation's family support or behavioral health services.